

# Garten's Music

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January 2025

# New Goofin' Class Set to Begin



If you are an ADULT and want to have a BLAST goofin' around at the keyboard, have we got an opportunity for you!

Goofin' Student Brent Kleeman recounts how he got started.

"When I was a child, we had an old, horribly out of tune, piano in our basement that belonged to my great grandmother's family. I remember my mother playing it fairly often and that piqued

my interest" he said. "Many years later in 2014, the interest piqued again so I came into Garten's Music in search for self-teaching piano books. I learned of the Goofin' Around Keyboard Class. The rest is history - it's now 2025!"

Considerable research has proven that adults benefit from making music, even if it's just for fun including:

- Reduce anxiety, depression, and loneliness
- Relax muscle tension
- · Improve dexterity and fine motor skills
- · Maintain and expand mental abilities
- Express feelings





Making music is good for us, it's fun and it's a great indoor hobby during the winter months. It's never too late to learn with our Goofin' Around Keyboard Class designed for retired adults.

"I had a strong desire to re-learn piano," said current student Sheryl Knott. "I called Garten's Music and spoke with Cindy. She listened carefully to my interests and my concerns. Her suggestion was to come to the intro class and learn about the Goofin' Around Keyboard Classes. I did that and signed up immediately!"

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### Goofin' Around Class Graduation



Congratulations to our recent graduates of the Goofin' Around Keyboard Class.

New classes are starting soon. Come out and join us!

Graduates of the Goofin' Around "Best Songs Ever - Part 1" Class are: Back row from left Karen Stocks, Cindy Thorsell, and Diana Friend; and front row Nancy Pickler and Sheryl Knott.

Not Pictured: Judy Foy and Jennifer Lewis.

# Goofin' Around Class Christmas Party





















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# Mark your calendars!

### **Upcoming classes and gatherings at Garten's Music:**

#### **Music Makers**

open to our Goofin' Around Keyboard Class students, includes a Name That Tune game, playing tips, new song books and great music!

2 p.m. -- Friday, Jan. 24

January Theme: "Disney"

The January Jumpstart
Lowrey Legacy Event
with Dave Brown & Friends

10 AM - 3 PM Friday, Jan. 17 at Venue 3130 3130 W. Central

Lunch will be served.

#### Goofin' Around Classes:

#### **Beginner Goofin' Around Class**

FREE Intro Class: Jan 22 at 2 PM. Class Begins: Jan 29 at 2 PM

"Lowrey Magic Red 3" 1:30 PM - Tues. Beginning Jan 14.

"The Best Songs Ever -Part 2"

10:30 AM - Wed. Beginning Jan 15.

"The Best Easy Listening Songs Ever - Part 2" 10:30 AM - Thurs. Beginning Jan. 16

"The Best Jazz Standards Ever - Part 2" 1:30 PM - Thurs. Beginning Jan 16

Call 316-942-1337, text 316-661-6605, email info@gartensmusic.com, or speak to a staff member to sign up.

## Goofin' Class (Cont.)

Sheryl said she continues coming to the classes for many reasons. "First, I'm learning something new every week. I get to exercise my cognitive skills, my memory work, and my mental focus. Each week is an adventure! I have also met so many new friends. The support from fellow students is an amazing experience."

We'll help you learn to make music when you enroll in the next Goofin' Around Keyboard Class! No music-making experience is necessary. You don't even have to own a keyboard because we'll loan you one! "Don't be afraid. No one will judge you," said current student Cheryl Privett.
"It's a new adventure for you. You will not be tested on your work and won't be made to do anything that you don't want to do. No question is a dumb question."

Brent echoed her saying, "You will be surprised how quickly you will learn to play music. Plus, you will make new friends. You are not required to play in front of others. Those of us who do play were in the same place as beginners. Many of us STILL get nervous when we play. That's just another

challenge to take on."

Come to our FREE introductory class at 2 p.m. Wednesday, Jan 22! The 10-week Class begins Wednesday, Jan 29. The package price is \$129.95 which includes 10 weekly classes, book and handouts, 2 private lessons, and we even loan students a keyboard.

Call 316-942-1337 or email info@gartensmusic.com to enroll today!

Thank you Wichita for voting Garten's Music as the Best Musical Instrument Store 4 years running!



The Wichita Music Academy offers instruction in piano, keyboard, guitar, bass, voice, ukulele, cello, violin, viola, mandolin, brass, woodwinds, drums and percussion!

Call 316-942-1337 or email info@gartensmusic.com for details.

### Refer a Friend, Get \$25 Cash

Isn't playing music more fun when you play with friends?

Through the WMA Student Referral Program, current Wichita Music Academy students earn \$25 cash for every new student they refer to us.

#### How? It's easy!

- 1.) Invite your friends.
- 2.) Give them a copy of the Student Referral Form with your name.
- 3.) Your friend brings the completed flyer when they enroll.
- 4.) You get \$25 cash!

### The Wichita Music Academy 2025 Spring Student Showcases are:

Friday, Feb. 21 5 PM, 7 PM

Saturday Feb. 22 3 PM, 5 PM, 7 PM

Venue 3130, 3130 W Central





All current WMA Students are encouraged to participate. There is no charge to participate. Space is limited. Sign-up at the Front Desk.